

MARCH SAVINGS



Simply Beautiful
Medical Spa & Wellness



“From self-care to health and medical, your needs are met and covered,,,”

-Recent Google Review

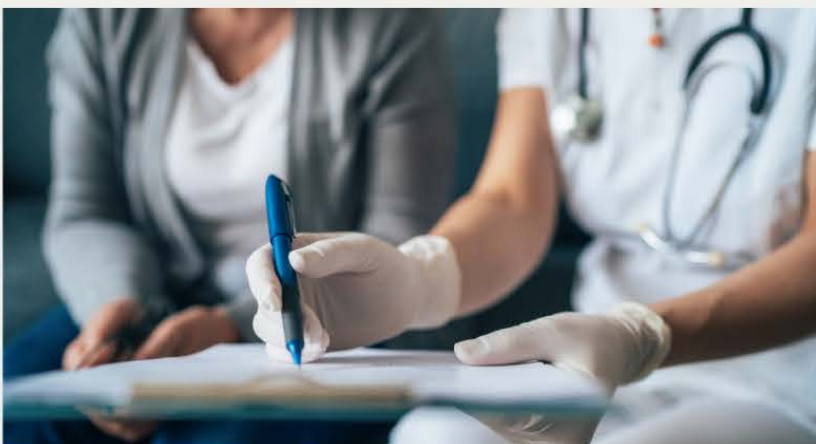


Monthly Savings

-Photofacial -Save \$150 on the purchase of 2 (Face Only)

-Sclerotherapy - 20% OFF

-\$25 OFF New Patient APRN Nurse Practitioner Visit



***New VIP Annual
Wellness
Membership
Package***

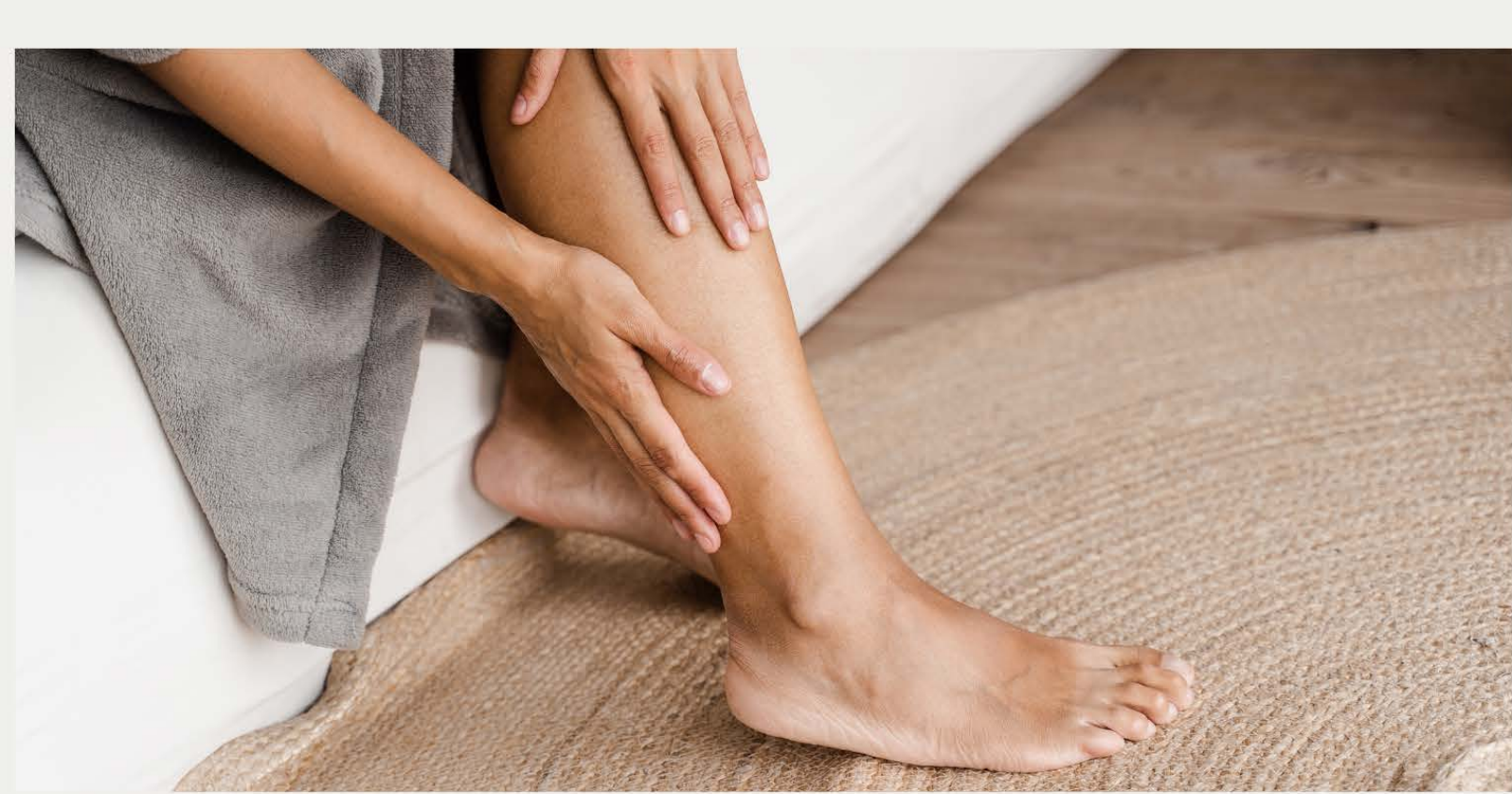
PHOTOFACIAL PURCHASE 1, GET 2ND FOR \$125 (SAVE \$150)



You've seen it on "Extreme Makeover", "Good Morning America", and "Oprah"! During this 30-minute procedure, pulses of high-energy light waves are emitted through a handpiece, into the skin. These light waves stimulate collagen production, allowing for the skin to become more vibrant, revitalized, and youthful!

The best part about it is there is **NO DOWNTIME!**





SCLEROTHERAPY 20% OFF

Sclerotherapy is a procedure performed to reduce or eliminate spider veins. During treatment, a sterile saline solution is injected directly into the vein. This causes the vessel to "shrink" or "fade" in appearance.

Initial visits for this procedure will include a consultation with a Master Level Injector Registered Nurse. Certain medications (such as those that thin the blood) will need to be avoided before treatment.





NEW PATIENT VISIT, NURSE PRACTITIONER CHRISTINE DALE

Christine Dale ("Christy") is a nurse practitioner, certified in family and offering the latest in cosmetic injectables alongside primary care wellness services. Christy graduated in 2006 from North Arkansas College with her Associates in Registered Nursing. She went on to earn her Bachelor's degree in nursing in 2009 from Arkansas Tech University. She obtained her Master's degree in nursing as a nurse practitioner from Walden University in 2020 and became family-certified in 2021. She is also certified in lasers and is a Master Level Cosmetic injector who has trained professionals all over the country!

Christy offers wellness services, labs, IV Infusions, and Injectables and sees clients of all ages! She values her education in "conventional nursing" but also has a great love for "functional medicine" as well!

\$25 OFF FIRST VISIT



APPOINTMENT INFORMATION

During a New Patient Visit, Christy Dale, APRN will spend approximately one hour with the patient discussing symptoms, goals, and personal and family history, as well as, a complete medical assessment. *Any labs needed are in addition



Did You Know

NAD⁺ (NICOTINAMIDE ADENINE DINUCLEOTIDE)

NAD⁺ is a coenzyme of the precursor to vitamin B3. It is vital for cellular function and life. The body uses the amino acid tryptophan and the vitamin precursors nicotinic acid and nicotinamide (vitamin B3-Niacin) to produce NAD⁺ naturally. The highest levels of NAD⁺ are found in newborns and gradually decrease as the individual ages. NAD⁺ levels are around half of what they are by age 50. Reduced levels of NAD⁺ have been associated with DNA damage, age-related illness and disease, and mitochondrial dysfunction.

WRITE
TO US

-Supports the regeneration of the body's antioxidant glutathione

WRITE
TO US

-The skin does not "flush" as with niacin supplementation

WRITE
TO US

-Administered in IV infusions and as injections

WRITE
TO US

-May increase mitochondrial function

WRITE
TO US

-May produce anti-aging effects

WRITE
TO US

-Generally well-tolerated

SEMAGLUTIDE

Semaglutide is a peptide medication used for weight loss and for type 2 diabetes. The starting dose is a once-weekly injection of 0.25mg, with the dose increasing by your provider up to the maximum of 2.4mg once weekly. It's best to start at the lowest dose needed to avoid side effects. It is normal to experience a reduced appetite on this medication.

WRITE
TO US

-Reducing high blood sugar

WRITE
TO US

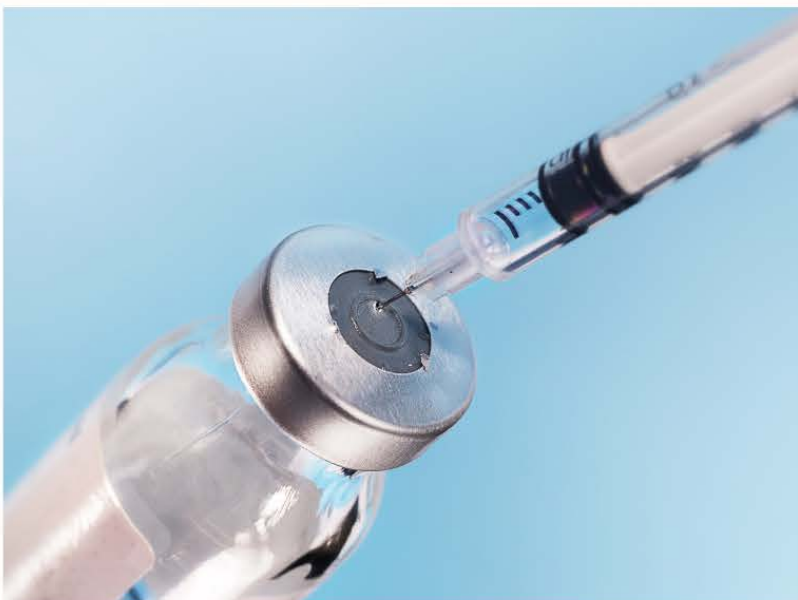
-Reducing insulin resistance

WRITE
TO US

-Appetite Control

WRITE
TO US

-Weight Loss





NEW

VIP ANNUAL WELLNESS MEMBERSHIP PACKAGE

MEMBERSHIP INCLUDES:

VIP Wellness Membership \$1200.00
(Good for 12 months from the time of purchase.
All eligible items as listed below are good
during the time of the 12-month active
membership period.)

Includes:

One APRN Follow Up Visit (\$100 value)

One General Wellness Lab Panel (\$157 value)
(Complete Blood Count, Comprehensive
Metabolic Panel, Thyroid Stimulating Hormone,
Hemoglobin A1C, Cholesterol Panel, Vitamin D
level)

Once per Month Red/Near-Infrared Light Bed
Sessions

(For a total of 12 sessions) (\$1200.00 value)

*Additional unlimited sessions may be
purchased at a discounted rate of \$85.00 per
session

10% off ALL Labs

10% off Shot Bar

10% off IV Infusions



beauty
rms

RMS Product Bundles

A pioneer of the clean beauty movement, Rose-Marie Swift is the founder and the spirit of the brand. A master makeup artist for over 30 years, her lightbulb moment was realizing that cosmetics could be made with better, safer ingredients while simultaneously making women more beautiful. Bold, authentic and unwavering in her quest for innovative clean ingredients that perform, she launched RMS in 2009 to clean up the industry and set a higher standard for beauty.

The Siren Eye

\$32 (originally \$52)

A full-size Straight Up™ Volumizing Peptide Mascara and Straight Line Kohl Eye Pencil in the shade of your choice.





Ultimate Brow Kit

\$54 (originally \$76)

Back2Brow Brush, Back2Brow Powder, and Back2Brow Pencil with RMS Beauty Sharpener.



24/7 Hydrating Lip Duo

\$42 (originally \$56)

A full-sized Lipnights Overnight Lip Mask and Liplights Cream Lip Gloss in the shade of your choice.

Build Your Own Lip Kit

\$40 (originally \$50)

A lip liner and lip gloss product of your choice; Liplights Lip Gloss (8g, 0.31oz), Go Nude Lip Pencil (1.08 g / 0.038 oz) or Line + Define Pencil (1.08 g / 0.038 oz), and RMS Pencil Sharpener.



Cream Foundation Kit

\$105 (originally \$135)

ReEvolve Radiance Locking Primer, Uncoverup Cream Foundation, and Skin2Skin Foundation Brush.

Everyday Look

\$195 (originally \$241)

Radiance Locking Primer, Broad Spectrum SPF 30 Sunscreen, Liquid Foundation, Foundation Brush, Hydra Powder Blush, Volumizing Peptide Mascara and Liplights Cream Lip Gloss.